Important Dates

• Abstract Submission deadline, May 1, 2012
  (Visit the website for details)
• Early Registration date: July 15, 2012
  (Registration form will be held in the website)
• Second Announcement January 2012
• For further information, please contact the Technical Secretariat

Congress Venue:

Auditorium Hotel
11 - 14 November, 2012

More information, please contact:

Technical Secretariat:
Carlson Wagonlit Travel
Condesa de Venadito, 1 – 5ª planta. 28027 Madrid – Spain
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Prevention of Diabetes and Its Complications – A Success Story!

Diabetes is one of the fastest growing public health problems worldwide. It affects all populations and is increasing everywhere. It causes severe complications and shortens life expectancy significantly. Treatment of diabetes is usually life-long, and therefore expensive. However, there are good news: diabetes and its complications are preventable! By preventing diabetes all the suffering related to this disease and unnecessary costs associated with it can be avoided.

The World Congress on Prevention of Diabetes and Its Complications is a global forum where experts on diabetes and prevention meet and all participants can enjoy high quality scientific discussions on principles of diabetes prevention and listen to the experiences from diabetes prevention programmes that have been implemented in various countries. The World Congress of Diabetes and Its Complications has taken place regularly since 1996 when the first historic Congress took place in Copenhagen, Denmark. It then traveled to Fiuggi (Rome), Italy, Hong Kong, Chennai, India, Helsinki, Finland and Dresden, Germany. During these years increasing evidence on the potential for prevention of type 2 diabetes has been obtained, included pharmacologic treatment, and the knowledge on the prevention of complications of diabetes has been strengthened.

It is now the time to take the next step with the 7th World Congress on Prevention of Diabetes and Its Complications to be held in Madrid, Spain in November 2012. As the earlier Congresses, the coming Congress will combine theory and practice, and will form a forum to disseminate new information, to learn from best practices and to have constructive debates around one of the most important public health issues, the prevention of diabetes and its complications. Although we can declare today that the work targeted to the prevention of diabetes and its complications has been a true success story, there is still a long way to go and many lessons to be learned. The history of public health is full of success stories – let’s make sure that the prevention of diabetes and its complications will be one of them!

This conference is also a good opportunity to present and discuss your research works, meet with colleagues and friends from all over the world, and enjoy the pleasant mild climate and the many attractions of the beautiful city of Madrid.

We look forward to seeing you in Madrid!

Jaakko Tuomilehto  
Co-President, 7th WCDP  
Founder of the World Congress on Prevention of Diabetes and its Complications

Manuel Serrano Rios  
Honorary President

Rafael Gabriel  
Co-President, 7th WCDP

Main Programme Topics

- Type 1 diabetes: Environmental risk predictors
  - A preventable disease?
  - Diet and toxins
  - Immunological approaches to T1D prevention
  - Interaction with genetic factors
- Type 2 diabetes: Prevention opportunities
  - Diabetes prevention and nutrition
  - Physical activity and diabetes prevention
  - International programs and guidelines on obesity
- Pharmacotherapy and surgery as prevention strategies
- Type 2 diabetes: Etiology and risk prediction
- Insulin resistance, B-cell function, and T2D
- Screening and diagnosis of dysglycaemia
- CVD risk estimation in diabetes
- Cancer and diabetes
- Infections and diabetes
- Mental health and diabetes
- Complications epidemiology and prevention
  - Diabetic retinopathy
  - Microalbuminuria and diabetic nephropathy
  - Diabetes and depression
  - Dyslipidemia and diabetes
  - Diabetes and neurodegenerative outcomes
- Health behavior
  - Health behavior change theories
  - Health behavior change practical strategies
  - Sedentary behavior and metabolic risk
  - Translational studies/implementations trials
- Genetics of diabetes
  - Genetics of T2D
  - Gene-lifestyle interaction in the development and prevention of diabetes
  - Genetic and personalized medicine in the prevention of diabetes and its complications
  - Diabetes in specific ethnic groups
- Prevention and disease management opportunities
  - Development and prevention of diabetes in childhood and adolescence
  - Role of primary care in diabetes management and prevention
  - Microbiota and diabetes
  - Early management models in diabetes
  - Structured self-monitoring and prevention
- Health policy/International strategies and programmes
  - Global strategies on prevention and health promotion
  - United Nations General Assembly on prevention and control of noncommunicable diseases - Update
  - Regional strategies of IDF and WHO
  - National policies of diabetes prevention
- Guidelines for prevention of diabetes and its complications
  - Diabetes and cardiovascular disease
  - Prevention of microvascular disease
  - Post-meal glucose management
  - Dyslipidemia and hypertension guidelines
- National T2D prevention programmes
  - The Finnish T2D diabetes prevention programme
  - Implementation of the Spanish T2D prevention programmes and strategies
  - Implementation of T2D prevention in the United States
  - Prevention guidelines
  - The IMAGE Project
- Pregnancy and early development
  - Gestational diabetes
  - Fetal origin of diabetes and its complications
  - Epigenetic effects on the development of diabetes
- Prevention opportunities
  - Vitamin D in diabetes prevention
  - Central obesity
  - Environmental pollution, environmental design
- Health economic
  - Cost and benefits of diabetes prevention
  - Socioeconomic and cultural differences and differences and diabetes prevention and treatments
  - Quality of life in diabetes and its prevention
- Environment and diabetes
  - Climate change and diabetes
  - Industrial food processing
  - Urban environment and physical activity
- The Internet, the media and the prevention of diabetes
Seventh World Congress on Prevention of Diabetes
Madrid, November 11-14th 2012

Honorary Presidency
Their Royal Highnesses the Princes of Asturias
The Honorable President of the Community of Madrid Ms. Esperanza Aguirre
The Honorable Mayor of Madrid Mr. Alberto Ruiz Gallardón
The Honorable Minister for Health, Ms. Leyre Pajín
The Honorable Minister of Health of the Community of Madrid Mr. Javier Fernández-Lasquetty
The President of the Spanish Royal National Academy of Medicine Prof. Manuel Díaz Rubio

Main Organizing Institutions:
Spanish Minister for Health, Social Policy and Equality
Minister of Health of the Community of Madrid
The International Diabetes Federation (to be confirmed)
The Spanish National Royal Academy of Medicine

Scientific honorary president:
Manuel Serrano Ríos. Spain

Co-presidents:
Jaakko Tuomilehto Finland
Rafael Gabriel Spain

International Scientific Committee
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